

Promoted for and on behalf of Cycling Time Trials under its rules and regulations



THE EAST ANGLIAN VTТА

Are proud to present the start sheet for

***** 'THE LEO 30' *****

**Alan Rochford & Val Hester memorial
Incorporating the inaugural VTТА Open road circuit championships**

COURSE E33/30 – SATURDAY 13th MAY – STARTS AT 14:01

**HQ is Westley Waterless Village Hall, Main Street, Cambridge, CB8 0RQ.
There is limited parking at the HQ, there is plenty of parking at 'Turbo Ally'
just outside Six Mile Bottom, see map below .**

Course Description: START (GR TL591587) on A1304 100ft before first triangular two-way traffic sign at northern end of Dual carriageway section which is 1.1 mile north of Six Mile Bottom Cross Roads. Proceed N on A1304 to the Stetchworth roundabout, take first exit, (SP Cambridge A14/Bottisham A1303) Follow A1303 over A14 to Dunsley Corner where turn sharp left into Little Willbraham Road (Great Care) follow lane to Six Mile Bottom cross roads where LEFT (Give Way) onto A1304. Continue to complete first circuit. (12.76m). Repeat circuit than continue to the Stetchworth roundabout where TURN and retrace on A1304 (fifth exit) to FINISH Opposite start.

NOTES TO RIDERS - The following local regulations must be adhered to: -

- 1. NO 'U' TURNS are allowed within sight of the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by London East CTT district committee.**
- 2. Numbers will be situated at the HQ sign in before and sign out after you have finished, numbers can be exchanged for a free drink at the HQ with the ladies from the Isabel Hospice.**
- 3. No warming-up by competitors is allowed along any part of the course once the event has started, though you can ride to the start, which is just over a mile from Six Mile Bottom, but be aware that people will be racing past you, so take care.**
- 4. Please do not congregate at the start area, riders will be racing past.**
- 5. Riders must wear an approved helmet & have working front & rear lights.**

Awards

The fastest rider, whether on a road bike or TT bike will be awarded
The George Hicks 'Leo 30' shield est 1948

Only members of the VTTA will receive VTTA awards

National VTTA medals

The 1st, 2nd & 3rd man on age adjustment in the TT event
The 1st woman on age adjustment in the TT event
The 1st & 2nd man in the road bike event on age adjustment
The 1st woman in the road bike event on age adjustment
The 1st tandem on age adjustment

East Anglian VTTA Group award

The H.F.Nevill 30 mile cup will be awarded to the best man &
woman East Anglian VTTA Group member on age adjustment

Medals to the best club team of 3 on aggregated age adjusted times
Medals to the best group team of 3 on aggregated age adjusted times

Please stay for the prize presentation after the event at the HQ

All other profits from the event will go to Cancer Research
in memory of Alan Rochford & Val Hester [Cancer Research UK](#)

Timekeepers: Tim & Wally Groves & Ian Taylor

Event Secretary: John Golder, 19 Old Silk Mill, Glemsford, Suffolk, CO10 7FX
Email: jgolder66@outlook.com Mobile: 07709 328113

Tandem

No	CTT Nr	Name		Age	Club	VTTA group	Age Adj	Start time
1	19649	Murray	Kirton	82	A5 Rangers CC	Midlands	09:29	14:01
	19661	David	Stockley	82		Midlands		

Road bikes

No	CTT Nr	Name		Club	Age	VTTA group	Age Adj	Start time
2	45386	Jodi	Thomas (W)	Colchester Rovers CC	22			14:02
3	47138	William	Wilson	Newmarket Cycling & Triathlon Club	44			14:03
4	23176	Caroline	Wyke (W)	CC Sudbury	67			14:04
5	46515	Adam	Wells	Rockingham Forest Wheelers	32			14:05
6	33417	Malcolm	Giles	Pocomotion Road Club	69	Merseyside	09:38	14:06
7	41190	Kerry	Brennand (W)	Newmarket Cycling & Triathlon Club	43			14:07
8	32341	Robert	Speers	Cambridge CC	46			14:08
9	46626	Michael	Ratcliffe	VTTA (East Anglia Group)	62	East Anglia	06:18	14:09
10	2519	Kevin	Humphreys	Sherwood CC	63	Notts/E.Mids	06:43	14:10
11	38004	Judy	Brown (W)	Newmarket Cycling & Triathlon Club	62	East Anglia	14:32	14:11
12	19348	Patrick	Ellerbeck	St Neots CC	68	East Anglia	09:05	14:12
13	8771	Emily	Robertson (W)	Bedfordshire Road CC	37			14:13
14	11896	Jez	Willows	Sherwood CC	57	Notts/E.Mids	04:27	14:14
15	43611	Drew	Sheffield	FTP (Fulfil the Potential) Race Team	41			14:15
16	33667	Hedley	Rhodes	North Hampshire RC	59	Wessex	05:08	14:16
17	223	Nick	Boyle	Chelmer CC	48			14:17
18	505	Colin	Ward	Essex Roads CC	45			14:18
19	7370	Nick	Giles	Pocomotion Road Club	64	Merseyside	07:09	14:19
20	3071	John	Watson	Hitchin Nomads CC	57	East Anglia	04:27	14:20
21	41131	Simon	Butteriss	Ely & District CC/B&T Motor Repairs	44	East Anglia	00:53	14:21
22	4499	Jonny	Allen	6AM Cycling	37			14:22
23	2818	Paul	Hart	Hart Performance Coaching	43			14:23
24	33703	Karl	Norris	360VRT	52	West	02:54	14:24
25	2685	John	Manlow	Ely & District CC/B&T Motor Repairs	54	East Anglia	03:29	14:25
26	11567	Alex	Pritchard	HUUB WattShop	26			14:26
27	6970	Alex	Dowsett	NopinZ	34			14:27



TT bike event

No	CTT Nr	Name		Club	Age	VTTA group	Age Adj	Start time
28	47119	Matthew	Polaine	Cambridge CC	56			14:28
29	6433	Elsbeth	Knott (W)	Colchester Rovers CC	72	East Anglia	20:17	14:29
30	42049	Adrian	Lauchlan	Southgate CC	64			14:30
31	4134	David	Young	West Suffolk Wheelers	38			14:31
32	23772	Paul	Wright	Army Cycling	55	East Anglia	03:48	14:32
33	36694	Chris	Smith	Essex Roads CC	50			14:33
34	39	Mark	Gidney	Southborough & Dist. Whs	61	Surrey/Sussex	05:54	14:34
35	32537	James	Wicks	Hart Performance Coaching	17			14:35
36	45895	Lee	Sturman	West Suffolk Wheelers	53			14:36
37	271	Geoff	Bores	Ford CC	68			14:37
38	11479	Jen	Clegg (W)	Team Bottrill	69	Notts/E.Mids	18:17	14:38
39	38184	Chris	Owen	Cambridge CC	37			14:39
40	34524	Miriam	Taylor-Carter (W)	Bedfordshire Road CC	50	East Anglia	10:07	14:40
41	1291	Susan	Triplow (W)	CC Sudbury	56	East Anglia	12:05	14:41
42	4593	Dominic	Whitehead	Cambridge CC	64	East Anglia	07:09	14:42
43	15478	James	Wood	West Suffolk Wheelers	59	East Anglia	05:08	14:43
44	6802	Matthew	Cook	Bedfordshire Road RT	52	East Anglia	02:54	14:44
45	5647	Neal	Marrin	Finsbury Park CC	53	East Anglia	03:11	14:45
46	4570	Dean	Lubin	Team Vision Racing - Silverhook	53			14:46
47	23951	Philip	Jones	Peterborough CC	64	East Anglia	07:09	14:47
48	1080	Robert	Gilmour	Hounslow & District Whs	71	L&HC	10:47	14:48
49	4684	Adrian	McHale	Peterborough CC	47	East Anglia	01:36	14:49
50	13181	Matthew	Clements	Lee Valley Youth CC	25			14:50
51	544	Ian	Braybrook	Basildon CC	48			14:51
52	16047	Ian	Cardy	Chelmer CC	59	East Anglia	05:08	14:52
53	36004	Peter	Shaw	Bedfordshire Road RT	37			14:53
54	211	Colin	Lizieri	Cambridge CC	67	East Anglia	08:34	14:54
55	2819	Dan	Jenkins	Hart Performance Coaching	55	East Anglia	03:48	14:55
56	545	Robert	Watson	Cambridge CC	62	East Anglia	06:18	14:56
57	5920	Matt	Donovan	Bedfordshire Road RT	40	East Anglia	00:00	14:57
58	19960	Adam	Fisher	Cambridge CC	40	East Anglia	00:00	14:58
59	3984	Peter	Harding	Chelmer CC	42			14:59
60	6271	Nicholas	Knight	Hart Performance Coaching	48			15:00
61	1669	Antony	Brown	George Fox Cycling Solutions	63	East Anglia	06:43	15:01
62	4974	Chris	Holmes	VC Norwich	47	East Anglia	01:36	15:02
63	236	Keith	Dorling	Team Bottrill	64	East Anglia	07:09	15:03
64	34436	Myles	Davidson	Bigfoot CC	51	L&HC	02:38	15:04
65	26419	Simon	Smart	DRAG2ZERO	54			15:05
66	3914	David	Harding	Chelmer CC	42			15:06
67	1682	Darran	Bennett	Ely & District CC/B&T Motor Repairs	53	East Anglia	03:11	15:07
68	14250	Sean	O'Sullivan	Hart Performance Coaching	26			15:08
69	5563	Nic	Pillinger	St Neots CC	45	East Anglia	01:07	15:09
70	1495	Paul	Pardoe	Peterborough CC	42			15:10
71	725	Jack	Levick	Rose Race Team	26			15:11

Turbo Ally

For those that are not familiar with 'Turbo Ally' this may help, it's just off the A1304 just before the slip road to the A11, there is ample parking on the grass verges, please don't park between this lane & Six Mile Bottom. It is approx 4 miles from the HQ and only about a mile to the start.

